

RIVERVIEW RETIREMENT COMMUNITY

(WEEK 1) April 26 thru May 2

****Spicy**

Sunday April 26

Oatmeal/Cream of Wheat
Eggs Saratoga
Hash Browns
Bacon
Toast

Baked Honey Ham
Baked Potatoes
Cauliflower/Buttered Carrots
Ambrosia Salad
ALT/ Chicken Parmesan
Pumpkin Pie

Grilled Cheese
Flavor Tatars
Melon Wedge
Chocolate Chip Cookie
Tomato Soup
Chicken Noodle Soup

Monday April 27

Oatmeal/Cream of Rice
Cinnamon French Toast
Sausage Links

Turkey Cheddar Sandwich
Tater Tots
Peanut Butter Cookie
Chicken and Rice Soup
Corn Chowder

King Ranch Chicken Casserole
Mashed Potatoes and Gravy
Cream Corn/Brussel Sprouts
Anti Pasta Salad
Apple Crisp
Alt./Salsbury Steak

Tuesday April 28

Oatmeal/Cornmeal
Scrambled Eggs
Cinnamon Coffee Cake
Sliced Ham

Reuben Sandwich
Crisp French Fries
Melon Wedge
Triple Chocolate Brownie
Tomato Florentine Soup
Chicken & Dumpling Soup

Swedish Meatballs
Over Egg Noodles
Mixed Vegetables/Waxed Beans
Cucumber Tomato Salad
Chocolate Ice-Cream
Alt./ Tortellini Marinara

Wednesday April 29

Oatmeal/Malt-O-Meal
Bacon
Sweet Cream Pancakes

****Beef Taco Salad****
Lettuce, Tomatoes and Cheese
Refried Beans and Spanish Rice
Red Velvet White Chocolate Chip
Chicken Tortilla Soup**
Split Pea Soup

Almond Chicken
Asian Fried Rice
Carrot Coins/Oriental Vegetables
Deviled Eggs
Carrot Cake
Alt./ Butternut Squash Ravioli
w/ Alfredo

Thursday April 30

Oatmeal/Grits
Western Scramble
Danish

Crispy Ranch Chicken Sandwich
Lettuce, Tomato
Potato Chips
Chocolate Chip Cookie
Split Pea
Mediterranean Lentil

Beef Pot Roast
Mashed Potatoes & Gravy
Mixed Vegetables / Glazed Carrots
Waldorf Salad
Cherry Crisp
Alt./Pork Loin

Friday May 1

Oatmeal/Cream of Wheat

Biscuits and Gravy
Scrambled Eggs
Donut

Club House Salad, w/Turkey,
Tomato, Egg and Bacon
Baked bread Stick
Chocolate Pudding
Clam Chowder
Chicken Noodle

Shrimp Scampi
Brown Rice Pilaf
Broccoli / Spinach
Coleslaw
Blueberry Cheesecake
Alt./Swiss Steak

Saturday May 2

Oatmeal/Cream of Rice
Turkey Sausage Links
French Waffle

Philly Steak Sandwich
French Fries
Pickled Beets
Heath bar Cookie
Vegetable Soup
Chicken Cheese Cauliflower

Baked Italian Lasagna
Garlic Toast
Creamed Peas / Broccoli
Moroccan Carrot Salad
Chocolate Mint Ice-cream
Alt./Chicken Vienna