

RIVERVIEW RETIREMENT COMMUNITY

(WEEK 5) March 9th thru March 15th

****Spicy**

Sunday March 9

Oatmeal/Cream of Wheat
Fried Egg
Hash Browns
Bacon

Chicken Pot Pie
Riverview Potatoes
Carrot Coins/Zucchini
Macaroni Salad
Cherry Pie
Alt. Cheese Ravioli w/Marinara

Turkey Avocado Melt
Crisp Fries
Ice-Cream Bar
Beef Barley Soup
Chili and Corn Bread

Monday March 10

Oatmeal/Cream of Rice
Cinnamon French Toast
Sausage Links

Crispy Fishwich w/ Tatar sauce
Tatar Tots
Creamy Coleslaw
Heath Bar Cookie
Cream of Broccoli and Cheddar
Chicken Gumbo**

Country Meatloaf
Mashed Potatoes & Gravy
Broccoli/Stewed Tomatoes
Cucumber Salad
Triple Berry Crumb Bar
Alt./Baked Cod

Tuesday March 11

Oatmeal/Malt-O-Meal
Scrambled Eggs w/Bacon
Apple Cinnamon Scone

French Dip w/Au Jus
Flavor Tatars
Chocolate Chip Cookie
Cream of Tomato Soup
Chili w/ Cornbread**

Chicken Cordon Bleu
Rice Pilaf
Vegetable Medley/Lima Beans
Pineapple Orange Jello
Strawberry Cheesecake
Alt. Vegetable Lasagna

Wednesday March 12

Oatmeal/Cream of Wheat
Bacon
Sweet Cream Pancakes
w/Strawberry Syrup

Home Style Pepperoni Pizza
Sliced Peach
Oatmeal and Raisin Cookie
Tomato Meatball Soup
Cream of Potato

Salisbury Steak
Au Gratin Potatoes
Buttered Carrots/Beets
Three Bean Salad
Blueberry Cheesecake
Alt./ Liver and Onions

Thursday March 13

Oatmeal/Grits
Scrambled Eggs
Biscuits & Gravy
Danish

Beef Tacos
Lettuce, Tomatoes and Cheese
Refried Beans and Spanish Rice
Chocolate Chip Cookie
Split Pea Soup
Broccoli Cheddar Soup

Chicken Chow Mein
Oriental Noodles/Rice
Asian Vegetables/Lima Beans
Carrot Raisin Salad
Georgia Peach Pie
Alt./ Baked Honey Ham

Friday March 14

Oatmeal/Cream of Wheat
Denver Bake
Morning Glory Muffin

Chef Salad w/Cucumber, Tomatoes,
Ham, Turkey, Egg and Cheese
Chocolate Pudding
Clam Chowder
Vegetable Beef Soup

Salmon Piccata
Baked Potato
Broccoli/Baked Squash
Shrimp Pasta Salad
Peach Cobbler
Alt./Swiss Steak

Saturday March 15

Oatmeal/Cream of Rice
Sausage Links
French Waffle

Turkey Club Wrap
Potato Chips
Molded Carrot Salad
Peanut Butter Cookies
Chicken Noodle Soup
Cream of Cauliflower Cheddar

Spaghetti and Meat Balls
Garlic Bread
Italian Vegetables/Buttered Corn
Spinach Salad
Swirl Cake
Alt./Chicken Vienna