

RIVERVIEW RETIREMENT COMMUNITY

(WEEK 7) February 2 thru February 8

*Spicy***

Sunday February 2

Oatmeal/Cream of Wheat
Fried Eggs
Hash Browns
Bacon

Oven Roasted Turkey Dinner
Mashed Potatoes & Gravy
Sage Stuffing/Cranberry Sauce
Buttered Corn/Carrot Coins
Apple Pie
Alt./Chicken Fried Steak

Roast Beef and Cheddar
Lettuce, Tomato & Pickle
Ambrosia Salad
Fudge Bar
Minestrone Soup
Corn Chowder

Monday February 3

Oatmeal/Cream of Rice
Scrambled Eggs
English Muffin

BBQ Pulled Pork Sandwich
Creamy Coleslaw
Mac White Chocolate Chip
Chicken Noodle Soup
Cream of Broccoli

Spaghetti & Meatballs
Garlic Toast
Harvard Beets/Scandinavian Veg.
Basil Pesto Pasta Salad
Chocolate Zucchini Cake
Alt./Smothered Cube Steak

Tuesday February 4

Oatmeal/Cornmeal
Peach Pancakes
Sausage Chub Link

Hawaiian Swiss Burger
Chips
Pear Half
Snicker Doodle Cookie
Beef Barley Soup
Yukon Gold Cheddar Soup

Sweet & Sour Chicken
Asian Fried Rice
Mixed Asian Veg./Carrot Coins
Asian Salad
Triple Berry Crumb Bar
Alt./Veggie Lasagna

Wednesday February 5

Oatmeal/Cream of Wheat
Scrambled Eggs w/Bacon
Morning Glory Muffin

Crispy Cod Sandwich w/ Tartar
Lettuce and Tomato
Potato Chips
Heath Bar Cookie
French Onion
Cream of Potato w/Bacon

Roasted Pork Loin
Jasmine Rice
Green Beans/Roasted Cauliflower
Southwestern Corn Salad
Strawberry Shortcake
Alt/Chicken Cordon Bleu

Thursday February 6

Oatmeal/Cream of Wheat
Scrambled Eggs
Biscuits & Gravy

Italian Pasta Bake**
Herbed Bread Stick
Melon Slice
Peanut Butter Cookie
Italian Wedding Soup
Mushroom & Brie Bisque

Chicken Parmesan
Over Whole Wheat Noodles
Braised Carrots/Brussels Sprouts
Shaved Brussel Sprout Salad
Triple Chocolate Brownie
Alt/Seasoned Cod

Friday February 7

Oatmeal/Grits
French Toast
Maple Sausage Links

Chef Salad w/Cucumber, Tomatoes,
Ham, Egg, Turkey, & Cheese
Garlic Toast
Chocolate Chip Cookie
Clam Chowder
Chicken Tortilla Soup**

Bourbon Honey Salmon*
Brown Rice Pilaf
Cauliflower Gratin/Italian Veggies
Caprese Salad
Banana Bread
Alt./Shepherd's Pie

Saturday February 8

Oatmeal/Cream of Rice
Denver Scramble
Danish

Albacore Tuna Melt
Potato Salad
Pickle Slice
M&M Cookie
Vegetable Beef
Cream of Chicken & Rice

Country Beef Stew
Scallop Potatoes
Spinach/Broccoli
Strawberry Jello
Carrot Cake w/Cream Cheese Icing
Alt./Stuffed Peppers

Pork Loin w/Fried Apples
Country Mashed Potatoes
Key West Veg./Buttered Corn
Caesar Salad
Berry Parfait
Alt. Chicken Marsala