

RIVERVIEW RETIREMENT COMMUNITY
(WEEK 5) January 5 thru January 11

Sunday January 5

Oatmeal/Cream of Wheat
Denver Scramble w/Cheese
Hash Browns

Chicken Fried Steak w/Gravy
Mashed Potatoes
Green Beans/Cream Corn
Macaroni Salad
Apple Pie
Alt./Marinated Pork Loin

BBQ Pork Sandwich
French Fries
Creamy Coleslaw
Ice-Cream Bar
Minestrone Soup
Yukon Gold Cheddar

Monday January 6

Oatmeal/Cream of Rice
Scrambled Eggs w/Bacon
Danish

Bratwurst on a Bun
Potato Chips
Melon Wedges
Heath Bar Cookie
Beef Barley Soup
Cream of Mushroom Soup

Sweetish Meatballs
Jasmine Rice
Cauliflower / Green Peas
Broccoli Ranch Salad
German Chocolate Cake
Alt. Chicken Yakisoba

Tuesday January 7

Oatmeal/Cream of Wheat
Pancakes
Sausage Patty

Grilled Ham and Swiss
Fresh Strawberry
Baked Potato Salad
Chocolate Brownie
Chicken Noodle Soup
Corn Chowder

Beef Stroganoff
Egg Noodles
Italian Vegetables/Carrot Coins
Anti-Pasta Salad
Coconut Cream Pie
Alt./Chicken Cordon Bleu

Wednesday January 8

Oatmeal/Cream of Rice
Scrambled Eggs Saratoga
Cranberry Orange Muffin

Chicken Philly Sandwich
Flavor Tatars
Melon Wedge
Peanut Butter Cookie
Vegetable Soup
Cream of Potato Bacon

Salisbury Steak
Au Gratin Potatoes
Buttered Carrots/Beets
Blueberry Cheesecake
Alt./Liver & Onions

Thursday January 9

Oatmeal/Cream of Wheat
Denver Scramble
Biscuits w/Gravy

**** Beef Taco Salad ****
Lettuce, Tomatoes and Cheese
Refried Beans and Rice
Chocolate Chip Cookie
Split Pea Soup
****Chicken Tortilla Soup****

Chicken Chow Mein
Oriental Noodles/Rice
Oriental Vegetables/Lima Beans
Carrot Raisin Salad
Georgia Peach Pie
Alt./Baked Honey Ham

Friday January 10

Oatmeal/Cream of Rice
French Toast
w/Warm Apple Topping
Bacon

Stacked Turkey & Cheddar
Chips
Melon Wedge
Cinnamon Roll
Clam Chowder
Vegetable Beef Barley

Shrimp Scampi
Rice Pilaf
Green Beans/Mixed Veggies
Creamy Coleslaw
Orange Sour Cream Cake
Alt./Smothered Cube Steak

Saturday January 11

Oatmeal/Cream of Wheat
Scrambled Eggs
Chub Sausage Link

Roast Beef and Cheddar
French Fries
Carrot Pineapple Salad
Snickerdoodle Cookie
Mediterranean Lentil Soup
Butternut Squash Soup

Chicken Florentine Lasagna
Garlic Bread
Buttered Peas/Spinach
Caesar Salad
Pistachio Pudding
Alt./Chicken Cutlet

****Spicy**