

RIVERVIEW RETIREMENT COMMUNITY

(WEEK 6) October 20 thru October 26

Sunday October 20

Oatmeal/Cream of Wheat
Scramble Eggs w/Cheese
Hash Brown Patty
Bacon

Baby Back Ribs
Barb's Baked Beans
Buttered Carrots/Zucchini
Creamy Coleslaw
Assorted Pies
Alt./Herbed Crusted Cod

Chicken Strips
Crisp Fries w/dipping sauce
Oatmeal Raisin Cookie
Chicken & Rice Soup
Chili and Cornbread

Monday October 21

Snoqualmie Oatmeal/Grits
French Toast
Sausage Links

Turkey & Swiss Sandwich
Tatar Tots
Melon Wedge
Chocolate Chip Cookie
French Onion Soup
Broccoli Cheddar Soup

Seared Salmon
Jasmine Rice
Buttered Beets/Green Beans
Creamy Cucumber Chopped Salad
Coconut Pudding
Alt./Tortellini Alfredo

Tuesday October 22

Oatmeal/Cream of Wheat
Scrambled Eggs
Biscuits & Sausage Gravy

BLT
Flavor Taters
Chilled Peaches
Sugar Cookies
Egg Drop Soup
Split Pea & Ham Soup

Roast Beef w/Horseradish
Mashed Potatoes
Buttered Corn / Cauliflower
Pea & Cheese Salad
Angel food Cake w/Blueberry sauce
Alt./ Spinach and Cheese Ravioli

Wednesday October 23

Oatmeal/Cream of Wheat
Sausage Patty
Blueberry Pancakes

Grilled Cheese Sandwich
Potato Chips
Chilled Melon
Chocolate Brownie
Tomato Soup
Butternut Squash Bisque

Roasted Pork Tenderloin
Au Gratin Potatoes
Buttered Carrots/Broccoli
Marinated Vegetable Salad
Dutch Apple Pie
Alt./Salisbury Steak

Thursday October 24

Oatmeal/Cream of Wheat
Ham Scrambled
Fresh Baked Muffin

Mushroom Swiss Burger
Lettuce, Tomato and Pickle
French Fries
Peanut Butter Cookie
Creamy Chicken & Rice Soup
Cream of Mushroom

Spaghetti w/Meat Sauce
Mashed Potatoes and Gravy
Spinach/Mix Vegetables
Caesar Salad
Banana Bread
Alt./Chicken Cordon Bleu

Friday October 25

Oatmeal/ Cream of Rice
Western Scramble
Raspberry Scone

Chicken Tacos
Taco's hard or soft shell
Oatmeal Raisin Cookie
Clam Chowder
Tortilla Soup

Battered Shrimp Basket
Baked Potato
Whip Squash/Roasted Cauliflower
Creamy Coleslaw
Rainbow Cake
Alt./Grilled Sirloin Patty

Saturday October 26

Oatmeal/Cream of Wheat
Turkey Sausage Links
French Waffle

Patty Melt w/Caramelized Onion
Potato Chips
Chilled Pears
Rice Krispie Treats
Chicken Gumbo
Bacon Potato & Kale Soup

Pork Chow Mein
Oriental noodles/Rice
Oriental vegetables/Lima Beans
Mint Chocolate Ice-cream
Alt./Spaghetti Mornay