

**RIVERVIEW RETIREMENT COMMUNITY
WEEK AT A GLANCE JULY 23 - 29, 2017**

Sunday July 23

Apple Juice
Cream of Wheat/Oatmeal
Fried Eggs
Hashbrown Patty
Bacon
Toast/Marg/Jelly

Salmon Piccatta
Baked Potato w/sour cream
Green Beans w/Bacon/Zucchini
Tossed Green Salad
Chocolate Cream Pie
Alt./Roast Leg of Pork

Ravioli Soup
Ham Salad Sandwich
Sliced Tomatoes
Fruit Wedge
Ice Cream Bar
Alt./Chicken Tortilla Soup

Monday July 24

Orange Juice
Snoqualmie Oatmeal/Grits
French Toast/Syrup
Sausage Links

Sloppy Joe on a Bun
Potato Chips
Cauliflower Salad
Chocolate Chip Cookies
Alt./Broccoli Cheddar Soup

Fried Chicken
Au Gratin Potatoes
Diced Beets/Cream Corn
Spinach Salad
Baked Custard
Alt./Beef Stew/Biscuit

Tuesday July 25

Grape Juice
Malt-o-Meal/Oatmeal
Scrambled Eggs w/Cheese
Mini Cinnamon Roll

Hot Dog on a Bun
Baked Beans
Macaroni Salad
Frosted Brownie
Alt./Cream of Spinach Soup

Roast Beef w/Au Jus
Mashed Potatoes w/Gravy
Capri Vegetables/Brussel Sprouts
Pea & Cheese Salad
Yellow Cake w/Fudge Frosting
Alt./Chicken & Mushroom Ravioli

Wednesday July 26

Cranberry Juice
Oatmeal/Cream of the West
Sausage Patty
Blueberry Pancakes
Syrup

Cream of Tomato Soup
Grilled Cheese Sandwich
Melon Wedges
Maplenut Ice Cream
Alt./Chili w/Cornbread

Baked Ham w/Pineapple Sauce
Whipped Sweet Potatoes
Glazed Baby Carrots/Hominy
Apple Salad
Yogurt and Fruit Parfait
Alt./Sirloin Steak

Thursday July 27

Peach Nectar
Oatmeal/Cream of Wheat
Hard Cooked Egg
Toast/Marg/Jelly
Alt./Biscuits & Gravy

Hawaiian Pizza
Cucumber Sticks
Fresh Fruit Wedges
M&M Cookies
Alt./Chicken Wild Rice Soup

Chicken Pot Pie
Spinach/Mixed Vegetable
Top Ramen Salad
Pumpkin Bread
Alt./Spaghetti w/Meat Sauce

Friday July 28

Pineapple Juice
Zoom/Oatmeal
Western Scramble
Raspberry Scone
Alt./Corn Beef Hash

Chicken Caesar Salad
Garlic Bread
Apricot Halves
Tapioca Pudding
Alt./Clam Chowder

Captain's Platter w/Tartar Sauce
French Fries
Winter Squash/Lima Beans
Tomato Aspici
German Chocolate Cake
Alt./Grilled Sirloin Patty

Saturday July 29

Grapefruit Section
Cream of Rice/Oatmeal
Turkey Sausage Links
French Waffle/Syrup

Grilled Rubeen Sandwich
Corn Chips
Chilled Pear Half
Orange Sherbet
Alt./Kale Parmesan Soup

Sweet & Sour Meatballs
over Rice
Zucchini & Tomatoes/Italian Blend
Spinach Greens Salad
Chocolate Tart
Alt./Parmesan Chicken Breast

Always available at lunch: Assorted variety of Sandwiches and Soups

Always available at dinner: Chicken Breast/Ham Steak/Omelet/Baked Potato/Roll or Bread & Butter
Coffee, Tea, and Milk are always available at every meal